

Hypoglycaemia Alarm Model HSA-01

TURN ON When preparing for sleep, strap the monitor securely to your wrist or ankle and press the button once (same button for “ON” and “OFF”). Three quick beeps will sound to signify it is “ON” and monitoring. Check the status at any time by pressing the button once to hear two quick beeps.

WHEN ALARM SOUNDS The monitor will sound a continuous series of 4 beeps and vibrate when it detects either perspiration or a drop in skin temperature. The monitor will continue to sound until turned off.

TURN OFF DURING ALARM Pressing the button twice within 1 second will cause the monitor to sound one long beep before shutting off. At this time, appropriate action should be taken to determine if hypoglycaemia is present e.g., blood test.

TURN OFF WITHOUT ALARM While not wearing the monitor, it should be turned off to conserve battery. Do this by holding the button down for 10 seconds to activate an alarm. Upon alarm press the button twice within 1 second to turn off.

LOW BATTERY A low battery will automatically be sensed denoted by a continuous chirp indicating time from replacement.

DETERMINE CAUSE OF ALARM When awakened by alarm, turn the monitor off while it is still on your wrist. Wait 10 seconds and turn it on again. If it alarms again within the next 60 seconds, **perspiration** was the cause, as it is still present on the surface of the skin. If it does **not** alarm within 60 seconds, it was likely due to a **drop in skin temperature**.

LOG ALARMS

It may be helpful to provide your doctor with a record of the following:

- Date and time of alarm.
- Bedtime blood sugar.
- Blood sugar at time of alarm.
- How you felt (cold, sweaty, confused, other).

ALARM TEST

To test the monitor, turn it on as described above.

1. Place a wet finger over both metal sensors and hold for 5-10 seconds;
2. The alarm should activate to indicate proper operation;
3. Turn the alarm off by quickly pressing the button twice;
4. If the alarm did not activate, replace the battery and retest;
5. If this fails, return the device for service.

BATTERY REPLACEMENT The monitor battery should last at least 6 (six) months under normal usage. To replace, simply pry the battery drawer open and replace the battery with the large flat positive (+) side facing downward. Battery CR2032 Lithium. 3 Volt. Dispose of batteries promptly and properly.

WARNING

The monitor's two metal sensors must be in contact with the skin prior to turning on in order to establish a baseline skin temperature reference. The sensors must remain in contact with the skin in order to detect a drop in skin temperature. If contacts become loose or detached, the alarm may activate.

Do not substitute the monitor for any other means your doctor has provided you to determine the onset of hypoglycaemia.

The monitor will not be effective for those who do not exhibit symptoms of perspiration or a drop in skin temperature at the location of the device.

Never immerse the monitor in water, allow water to splash on it, or leave in a steam filled bathroom.

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